

2009 Montana Youth Risk Behavior Survey

Gender Comparison



Health Enhancement and Safety Division
September 2009



Montana
Office of Public Instruction
Denise Juneau, State Superintendent

2009 Youth Risk Behavior Survey

A Gender Comparison of Montana High School Data

Unintentional Injuries and Violence			
The percent of students who. . .	MT High School	Male	Female
Never or rarely wore a bicycle helmet	82.7	83.7	81.5
Never or rarely wore a seat belt when riding in a car driven by someone else	13.1	15.5	10.5
Never or rarely wore a seat belt when driving a car	13.9	16.8	10.6
Rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol, in the past 30 days	28.8	28.1	29.5
Drove a car or other vehicle one or more times when they had been drinking alcohol, in the past 30 days	13.5	14.7	12.2
Carried a weapon such as a gun, knife, or club on one or more of the past 30 days	23.0	37.8	7.7
Carried a gun on one or more of the past 30 days	9.2	15.9	2.3
Carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days	7.9	13.2	2.3
Did not go to school on one or more of the past 30 days because they felt unsafe at school or on their way to or from school	5.2	3.6	6.9
Had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months	7.4	9.4	5.3
Were in a physical fight one or more times during the past 12 months	31.7	38.4	24.7
Were injured in a physical fight one or more times during the past 12 months and had to be treated by a doctor or nurse	4.9	6.4	3.3
Were in a physical fight on school property one or more times during the past 12 months	10.8	14.7	6.8
Were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months	9.6	10.9	8.0
Have ever been physically forced to have sexual intercourse when they did not want to	9.2	4.8	13.7
Had ever been bullied on school property during the past 12 months	23.1	21.2	24.8
Had ever been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging during the past 12 months	17.9	13.8	22.0

Unintentional Injuries and Violence

The percent of students who. . .	MT High School	Male	Female
During the past 12 months, ever felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities	27.3	21.7	33.2
Seriously considered attempting suicide during the past 12 months	17.4	14.6	20.3
Made a plan about how they would attempt suicide during the past 12 months	13.4	11.3	15.5
Actually attempted suicide one or more times during the past 12 months	7.7	7.4	7.9
Attempted suicide during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse	2.8	2.6	3.0



Tobacco Use			
The percent of students who . . .	MT High School	Male	Female
Ever tried cigarette smoking	50.0	50.6	49.4
Smoked a whole cigarette for the first time before age 13	12.3	13.1	11.3
Smoked a cigarette on one or more of the past 30 days (current)	18.7	17.7	19.8
Smoked cigarettes on 20 or more of the past 30 days (frequent)	7.9	8.4	7.5
Smoked two or more cigarettes per day on the days they smoked during the past 30 days	10.4	10.9	9.8
Smoked more than 10 cigarettes per day on the days that they smoked during the past 30 days	4.0	5.7	2.4
Usually got their own cigarettes by buying them in a store or gas station during the past 30 days	7.5	11.0	4.2
Smoked cigarettes on school property on one or more of the past 30 days	5.4	5.3	5.5
Ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days	13.5	12.7	14.3
Are current smokers, and tried to quit smoking during the past 12 months	54.5	56.2	52.9
Used chewing tobacco, snuff, or dip on one or more of the past 30 days	14.6	24.1	4.3
Used chewing tobacco, snuff, or dip on school property on one or more of the past 30 days	8.8	16.1	1.0
Smoked cigars, cigarillos, or little cigars on one or more of the past 30 days	17.8	23.7	11.6
Smoked cigarettes or cigars or used chewing tobacco, snuff, or dip during the past 30 days	31.3	37.2	25.2

Alcohol and Other Drug Use

The percent of students who . . .	MT High School	Male	Female
Had at least one drink of alcohol on one or more days during their life	75.7	75.5	75.8
Had their first drink of alcohol other than a few sips before age 13	24.0	27.8	20.0
Had at least one drink of alcohol on one or more of the past 30 days	42.8	42.9	42.8
Had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days	30.1	30.2	30.0
Currently use alcohol and usually got the alcohol they drank from someone who gave it to them during the past 30 days	37.9	32.7	43.8
Had at least one drink of alcohol on school property on one or more of the past 30 days	5.1	6.1	3.9
Used marijuana one or more times during their life	42.2	43.1	41.3
Tried marijuana for the first time before age 13	9.7	11.2	8.2
Used marijuana one or more times during the past 30 days	23.1	23.7	22.5
Used marijuana on school property one or more times during the past 30 days	5.8	7.1	4.5
Used any form of cocaine, including powder, crack, or freebase one or more times during their life	7.2	9.5	4.7
Used any form of cocaine, including powder, crack, or freebase one or more times during the past 30 days	2.8	4.5	1.0
Sniffed glue, breathed the contents of aerosol cans, or inhaled any paints or sprays to get high one or more times during their life	14.2	12.8	15.7
Used heroin one or more times during their life	3.0	4.1	1.8
Used methamphetamines one or more times during their life	3.1	3.9	2.2
Used ecstasy one or more times during their life	7.3	9.1	5.2
Took steroid pills or shots without a doctor's prescription one or more times during their life	3.9	5.0	2.5
Used a needle to inject any illegal drug into their body one or more times during their life	3.7	4.6	2.8
Were offered, sold, or given an illegal drug on school property by someone during the past 12 months	20.7	24.5	16.4

Sexual Behaviors

The percent of students who . . .	MT High School	Male	Female
Ever had sexual intercourse	47.6	48.1	47.0
Had sexual intercourse for the first time before age 13	5.7	7.7	3.7
Had sexual intercourse with four or more people during their life	16.0	17.3	14.7
Had sexual intercourse with one or more people during the past three months	32.2	30.8	33.6
Have ever had sexual intercourse but have not had sexual intercourse during the past three months	32.1	35.6	28.4
During the past three months, drank alcohol or used drugs before last sexual intercourse	25.7	29.4	22.3
Had sexual intercourse during the past three months and used a condom during last sexual intercourse	67.5	77.3	58.4
Had sexual intercourse during the past three months and used birth control pills during last sexual intercourse	27.4	19.8	34.4
Had ever been taught about AIDS or HIV infection	86.5	85.4	87.6

Weight Management and Dietary Behaviors

The percent of students who . . .	MT High School	Male	Female
Were overweight (i.e., at or above the 85 th percentile but below the 95 th percentile for body mass index)	11.9	14.3	9.4
Were obese (i.e., at or above the 95 th percentile for body mass index)	10.4	13.1	7.5
Described themselves as slightly or very overweight	28.9	24.8	33.4
Were trying to lose weight	41.6	25.8	58.4
Exercised to lose weight or to keep from gaining weight during the past 30 days	61.6	52.5	71.3
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days	38.4	25.9	51.5
Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days	10.8	7.2	14.6
Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days	5.8	4.7	6.8
Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	5.3	4.0	6.7
Drank 100% fruit juices one or more times during the past seven days	80.0	79.8	80.3
Ate fruit one or more times during the past seven days	88.8	87.0	90.6
Ate green salad one or more times during the past seven days	71.4	67.3	75.7
Ate potatoes one or more times during the past seven days	72.9	72.6	73.2
Ate carrots one or more times during the past seven days	59.3	59.0	59.6
Ate other vegetables one or more times during the past seven days	84.6	81.5	87.9
Ate five or more servings of fruits and vegetables per day during the past seven days	18.4	19.0	17.5

Weight Management and Dietary Behaviors

The percent of students who . . .	MT High School	Male	Female
Ate fruit two or more times per day during the past seven days	27.4	27.6	27.1
Ate vegetables three or more times per day during the past seven days	13.1	14.0	12.0
Drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days	25.7	33.5	17.2
Drank three or more glasses of milk per day during the past seven days	18.8	24.5	12.7

Physical Activity

The percent of students who . . .	MT High School	Male	Female
Were physically active for 60 minutes or more per day on five or more of the past seven days	46.0	52.4	39.4
Watched three or more hours of TV per day on an average school day	23.7	27.1	20.2
Played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day	17.9	24.9	10.5
Attended physical education (PE) class one or more days during an average school week	57.7	61.8	53.5
Attended physical education (PE) class daily	32.2	35.4	29.1
Played on one or more sports teams during the past 12 months	57.7	60.7	54.8

Other

The percent of students who . . .	MT High School	Male	Female
Had ever been told by a doctor or nurse that they had asthma	19.5	19.9	19.0
Currently have asthma	10.4	7.9	13.0
Received help from a resource teacher, speech therapist or other special education teacher at school during the past 12 months	12.5	12.6	12.2
Drive with a valid license or permit and completed driver education (classroom and behind-the-wheel)	58.8	59.0	58.5